



“Slowing down - a new face of European education”

FIRST SURVEY RESULTS FOR PARENTS 2018

Nº of responses per participating country

Poland: 34, Latvia: 43, Turkey: 42, Greece: 42, Portugal: 39, Italy: unknown number

1st question: Portugal (87,2%), Italy (85,7%) and Poland (81,1%) mark the highest percentages by gathering the average percentage of 84,67. Latvia and Greece, on nearly equal in number responses, present resembling percentages on “knowing how to help their children to deal with stress at school” on an average of 76,45%, while the Turkish parents' percentage goes up to 64,3.

Poland and Greece missed the 2nd question, probably due to the daemon of printing work

2nd question: The Italian parents (100%) and the Portuguese ones (84,6%) give the highest percentages on “knowing methods or ways that help their children to reduce negative stress” on an average of 92,3%, whereas Turkey and Latvia gather an average percentage of 68,35.

3rd question: Italy is the first on “the healthy way of living” with the perfect percentage of 100, while Turkey follows closely with 97,6%, by gathering both an average percentage of 99,8. Latvian, Polish and Greek parents present resembling percentages on an average of 83,5%, while the Portuguese parents' percentage goes up to 69,2.

4th question: The Italian (100%), Polish (91,9%) and Turkish (90,5%) parents believe that “their children regularly relax” by showing forth very high percentages on an average of 94,13%. The Portuguese, Greek and Latvian parents fall short by holding the 80,77% on an average.

5th question: The Greek, Turkish and Polish parents seem “to control” more their children's time spent “in the virtual world”, by presenting resembling percentages on an average of 83,27%, in opposition to the Italian, Portuguese and Latvian ones, who claim that they trust more their children on an average of 50%.

6th question: The great majority of parents, irrespective of their nationality, long for “involving active ways of spending time into their life much more” on an average of 90,02, with Portugal at the top (100%) and Latvia at the bottom (74,4%).

7th question: In favour of “decelerating” the rhythms “in requiring knowledge through education”, the Polish parents overbid up 97,3%. The Greek (76,2%), Turkish (64,3%) and Latvian (51,2%) ones, through differential but closer one to the other's percentages, uphold that teaching-learning process should slow down its pace on an average percentage of 63,9. Contrary to the above, the average percentage of 69,05

of the Italian and Portuguese parents desires earnestly education continue to keep up with its present pace.

In conclusion, the 58,48% of them need “education to slow down”, whereas the 41,52 wish this not to be done.

N° of responses per participating country

Poland: 15 from 34 (19 similar), Latvia: 14 from 43 (29 similar), Turkey: 22 from 41(19 similar), Greece: 27, Portugal: 11 from 25 (14 similar), Italy: 04

8th question: On the question “What is worth or needed for you?”, the parents' thoughts are outlined as follows:

The Latvian parents' common denominator is their children's well-being, the pursuit of which holds the first place in the value scale. However, most of them, due to the great many problems in their everyday life, cannot manage to give their attention towards their children to a high degree. Some of them admit that they cannot handle time-sharing for their own benefit, by saying “If children have satisfied parents, they themselves will be happier”.

The Polish, Latvian and Greek parents agree that they should have been more organized in time distribution. From all participating countries, parents suggest as restraining factors against negative stress the avoidance of the mobile devices and the Internet (Social Media) use and the more intensive occupation with their families through various activities, which make man better, gentler and happier as they gift him/her with spiritual and corporal health. Some of the suggested activities are reading books, listening to music, going to cultural events, having lunch/dinner altogether as a family, meeting relatives and friends, doing outdoor activities or sports, performed especially in nature.

The Polish, Greek, Portuguese and Italian parents are clearly in favour of reducing the work-time for both themselves and their children, correspondingly in each one's field.

On a philosophical basis, the Portuguese parents declare that all parents should delight in the query “if the intention beyond the goal of acquiring knowledge” through education “is to get a better job with a more satisfying salary”. They strongly believe that if parents break this connecting ring of the chain, they will realize that knowledge and learning, which help man in leading a healthy and well-balanced life, have nothing to do with budget.

N° of responses per participating country

Poland: 09 from 34 (25 similar), Latvia: 13 from 43 (30 similar), Turkey: 07 from 41 (34 similar), Greece: 22, Portugal: 11 from 26 (14 similar), Italy: 04

9th question: On the question, if “slowing down is essential for your family”, all parents give a positive answer. Their notions converge on the necessity of cutting the work hours down for both parents and students and the increase of communication among the members of the family, as it helps family ties to become stronger. They consider as their primary aims to filter the needs that should come first, limit the virtual world/Social Media use and make greater the family interaction through dialogue and mutual help with the housework.

The great majority thinks that the institution of family helps everyone to have better spiritual and corporal health and get to know himself/herself better through various activities, such as dining out or at home together, spending more quality time with relatives and friends, relaxing over a drink under the candle lights, creating common experiences and memories, reading books, listening to music, playing an

instrument or board games, watching films or TV series together, going to cultural events, doing sports or outdoor activities in nature, travelling together to get familiar with other ways of thinking, other cultures and traditions, sharing common hobbies, taking part in community charities and volunteering. On the last two mentioned activities, the Polish parents point out “the need for raising man's awareness of co-existence and inter-dependence between the Earth and the man”.

On a deeper approach of the matter, part of the Polish parents brings into notice that nowadays' “life race shows the lack of respect towards the fellow-men, as everyone is boosting it. Parents, because their child must be the best; teachers, because they must be promoted in rank; parents and teachers, because they aim to the awards at the end of the school year, without caring about the second..., or the weaker or the oppressed student”. These thoughts lead the specific Polish parents to the conclusion that “stress, associated with the increasing pace of life, should not become an inseparable element of children's lives”. They strongly believe that all parents should stick to the old saying 'A sound mind in a sound mind', as “the increasing amount of depression and suicides among children and adolescents is a sufficient signal”.

Some other Polish parents put the blame for nowadays' life race on the parents themselves, as they load their children with excessive mass of extra-curricular activities, because they yearn for the fulfillment of their own unrealized desires or dreams through their children.